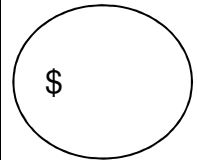
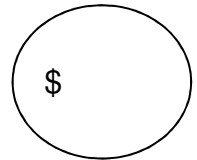

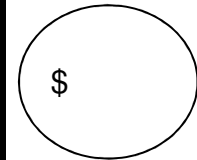
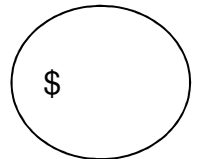

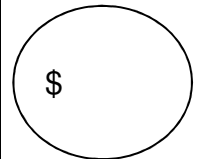
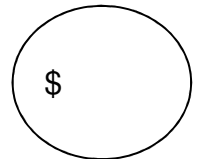
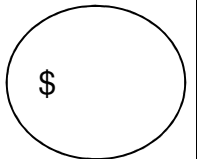
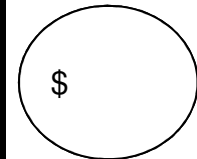
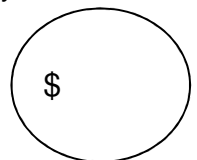
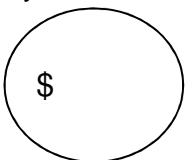
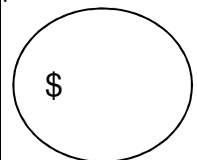
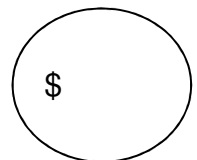

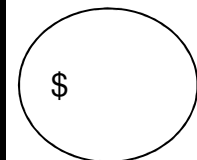
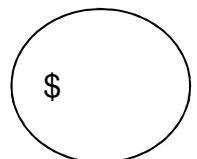
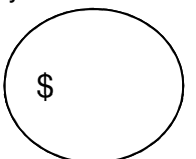

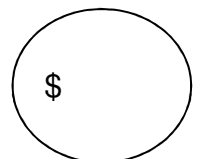
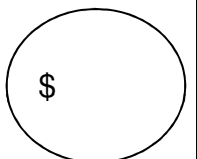
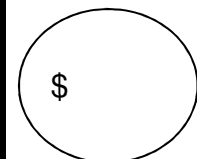
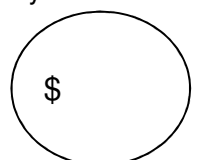
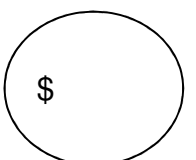
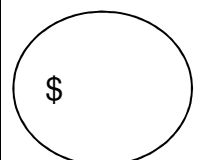
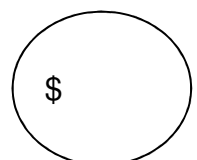
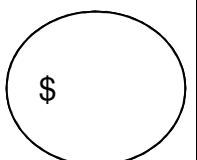
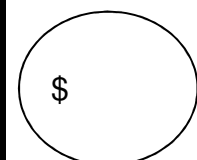
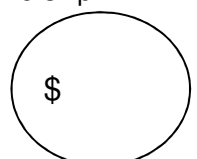
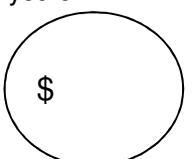
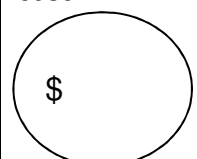

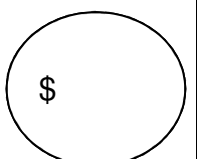
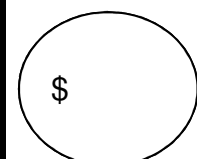

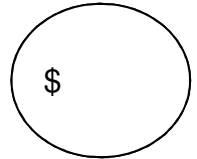
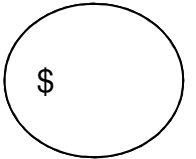

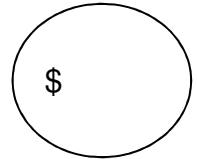
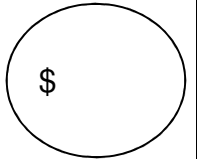
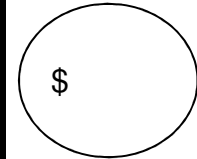


The Stewardship Education Committee is inviting you to share in a particular discipline of reflection and action using the Lenten Day Calendar. Each day is meant to make us pause and reflect on how privileged we are, and to take an action that can make a difference. 20% of the money raised will go to the M&S Fund and the rest will support our ministry and mission in the wider community.

<p>Ash Wednesday \$0.10 for each pair of shoes</p> 							<p>\$0.25 for a roof over your head</p> 	<p>Wesley supports the Regina Anti-Poverty Ministry</p> 	<p>\$0.10 for each towel in your house</p> 
<p>1st Sunday</p>	<p>\$0.25 for each light bulb in your home</p> 	<p>Wesley gives to Lumsden Beach Camp</p> 	<p>\$0.25 for each meal you've had today</p> 	<p>\$0.50 for every phone you have</p> 	<p>\$0.25 for each computer you own</p> 	<p>\$0.50 for every country you've been in</p> 			
<p>2nd Sunday</p>	<p>\$0.50 for having a minister at your church</p> 	<p>\$1.00 for each vacation last year</p> 	<p>\$0.10 for each cleaning product owned</p> 	<p>\$0.20 for every tap in your house</p> 	<p>Wesley supports the Mission and Service Fund</p> 	<p>\$0.10 for each pillow in your house</p> 			
<p>3rd Sunday</p>	<p>\$0.25 for each TV you own</p> 	<p>\$0.10 for every TV channel you have</p> 	<p>Wesley gives to Calling Lakes Centre</p> 	<p>\$0.20 for each jar of vitamins</p> 	<p>\$0.50 for every bed in your house</p> 	<p>\$0.25 for each vehicle owned</p> 			
<p>4th Sunday</p>	<p>\$0.25 for each medicine jar in your house</p> 	<p>\$0.50 for a dryer in your house</p> 	<p>\$0.25 for each family doctor</p> 	<p>\$0.20 for each pair of jeans or trousers</p> 	<p>\$0.10 for every chair in your house</p> 	<p>\$0.20 for each shower or bath this week</p> 			
<p>5th Sunday</p>	<p>\$0.50 for your freedom to worship</p> 	<p>\$0.20 for each jacket or coat you own</p> 	<p>\$0.25 for each window in your house</p> 	<p>Wesley supports St. Andrews College</p> 	<p>\$0.25 for each family member</p> 	<p>\$0.20 for each year of school</p> 			
<p>Palm Sunday</p> 	<p>\$0.25 for each bathroom in your house</p> 	<p>\$0.20 for each furnace in your house</p> 	<p>Wesley supports Carmichael Outreach</p> 	<p>\$0.10 for each hair product in your home</p> 	<p>\$0.25 for each pet you own</p> 	<p>\$0.10 for each fun activity you do each week</p> 			



Lent is a time for reflection on the ways we encounter and respond to the Holy in our lives and our world. The words 'disciple' and 'discipline' both come from the Latin word 'discere' which means 'to learn'. As disciples, we are "lifelong learners" and 'discipline' is the regular activity which helps us become better disciples.